

The Matrix

NFHS PENALTY
ENFORCEMENT

The Penalty Matrix



Releasable Fouls

- ⦿ **Situation 1R:** A1 commits a personal foul with 5:00 minutes remaining in a period. A1 will serve 1 minute
- ⦿ Team B does not score during Extra Man Opportunity (EMO)
- ⦿ **Result:** A1 is released upon expiration of 1 minute penalty

Releasable Fouls

- ⦿ **Situation 2R:** A1 commits a personal foul with 5:00 minutes remaining in a period. A1 will serve 1 minute
- ⦿ Team B scores with 4:17 remaining in period (43 seconds into EMO)
- ⦿ **Result:** A1 is released upon the scoring of a goal. Teams will face off at full strength (unless there is a dead ball penalty called against either team)

Releasable Fouls

- ⦿ **Situation 3R:** A1 commits a personal foul with 5:00 minutes remaining in a period. A1 will serve 1 minute. On his way to the penalty area he receives an additional 30-second foul (conduct). A1 will now serve 90 seconds (1 min. + 30 sec)
- ⦿ Team B scores with 3:58 remaining in period (1:02 into EMO)
- ⦿ **Result:** A1 is released upon the scoring of a goal. Teams will face off at full strength

Releasable Fouls

- ⦿ **Situation 4R:** During live-ball play, both A1 & A2 commit a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 & A2 will each serve 1 minute concurrent (at the same time)
- ⦿ Team B scores with 4:17 remaining in period (43 seconds into EMO)
- ⦿ **Result:** Both A1 & A2 are released upon the scoring of a goal. Teams will face off at full strength
- ⦿ **LET THE PIGEONS LOOSE!**

Situation 4R: ALL Released



Releasable Fouls

- ⦿ **Situation 5R:** During live-ball play, both A1 & A2 commit a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 & A2 will each serve 1 minute concurrent (at the same time). At 4:35 remaining in the period, A3 also is sent to the penalty area for a personal foul
- ⦿ Team B scores with 4:17 remaining in period (17 seconds left on A1 & A2's penalty, 42 seconds left on A3's penalty)
- ⦿ **Result:** All three players are released upon the scoring of a goal. Teams will face off at full strength unless there is a dead ball penalty called against either team

Releasable Fouls

- ⦿ **Situation 5R:** During live-ball play, both A1 & A2 commit a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 & A2 will each serve 1 minute concurrent (at the same time). At 4:35 remaining in the period, A3 also is sent to the penalty area for a personal foul
- ⦿ Team B scores with 4:17 remaining in period (17 seconds left on A1 & A2's penalty, 42 seconds left on A3's penalty)
- ⦿ **Result:** All three players are released upon the scoring of a goal. Teams will face off at full strength unless there is a dead ball penalty called against either team

Releasable Fouls

- ◎ **Situation 6R:** During live-ball play, both A1 & A2 commit a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 & A2 will each serve 1 minute concurrent. At 4:35 remaining, A3 & A4 are also sent to the penalty area for a personal foul
- ◎ Team B scores with 4:17 remaining in period
- ◎ **Result:** Team A would still be required to have three (3) players on its offensive side of the field during the Men-down situation to avoid being offside. A1, A2, A3 would all be released. A4 would begin serving his time upon restart (Man-Down Face).
- ◎ This is **STACKING**

Releasable Fouls

- ⦿ **Situation 7R:** : During live-ball play, A1 commits a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 will serve 1 minute.
- ⦿ At 4:03 (3 seconds until expiration), A1 exits the penalty area prior to his release and participates in play on the field
- ⦿ **Result:**
 - If ball is loose or Team A has possession at the time of A1's early release, award the ball to Team B, A1 serves his remaining 3 seconds
 - If Team B is in possession, A1 will return to the penalty area to serve his remaining 3 seconds and an additional 30 seconds (illegal procedure)
 - If Team B (in possession) scores all penalty time is wiped out. This includes the 3 and the 30

Releasable Fouls

- ⦿ **Situation 8R:** A1 commits a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 will serve 1 minute. At 4:45 remaining, B1 is sent to the penalty area for a personal foul.
- ⦿ Teams are playing 9-on-9. Team A scores with 4:17 remaining in period
- ⦿ **Result:** B1 is released upon the scoring of a goal. Man-Down Face. Team A will play man-down for 17 seconds.
- ⦿ **Note:** These are NOT simultaneous fouls

Releasable Fouls

- ⦿ **Situation 9R:** A1 commits a personal foul. Slow whistle ends with 5:00 minutes remaining in a period. A1 will serve 1 minute.
- ⦿ At 4:30, Team A scores a Man-down goal
- ⦿ **Result:** A1 is NOT released upon the scoring of a goal by his team. Team A will face off man-down unless there is a dead ball penalty called against either team

PENALTY MATRIX:

Non-Releasable Fouls



Non-Releasable Fouls

- ⦿ **Situation 1NR:** A1 commits an unsportsmanlike penalty with 5:00 minutes remaining in a period. A1 will serve 1 minute non-releasable
- ⦿ Team B scores during Extra Man Opportunity (EMO)
- ⦿ **Result:** A1 will serve the full minute – no release. Man-Down Face

Non-Releasable Fouls

- ⦿ **Situation 2NR:** A1 commits an unsportsmanlike penalty with 5:00 minutes remaining in a period. A1 will serve 1 minute non-releasable. A2 is also sent to the penalty area at that same time for a 1-minute (releasable) foul.
- ⦿ Team B scores during Extra Men Opportunity (EMO)
- ⦿ **Result:** A1 will serve the full minute – no release. A2 is released upon the scoring of the goal. Team A will face off man-down

Non-Releasable Fouls

- ⦿ **Situation 3NR:** A1 commits a personal foul (slash) with 5:00 minutes remaining in a period. A1 will serve 1 minute. On his way to the penalty area he receives an additional 1-minute penalty (unsportsmanlike Conduct for profane language). A1 will now serve 2 minutes, one of which is non-releasable by rule
- ⦿ Team B scores with 4:10 remaining in period (0:50 into EMO)
- ⦿ **Result:** No release. A1's unsportsmanlike conduct foul is served first, the slash is served immediately after its expiry

Non-Releasable Fouls

- ⦿ **Situation 3NR(b):** A1 commits a personal foul (slash) with 5:00 minutes remaining in a period. A1 will serve 1 minute. On his way to the penalty area he receives an additional 1-minute penalty (unsportsmanlike Conduct for profane language). A1 will now serve 2 minutes, one of which is non-releasable by rule
- ⦿ Team B scores with 3:58 remaining in period (1:02 into EMO)
- ⦿ **Result:** A1 is released. His non-releasable foul has expired. At the time of the goal he was serving 1 minute for a slash, which was a releasable penalty

Non-Releasable Fouls

Note: In Both Scenario 3NR & 3NR(b)

A1's penalty times are served consecutively.

They are non-concurrent.

He does not serve one minute for two separate fouls.

Believe it or not, this will be asked – Make it clear that he is serving 1-and-1, first 1 is NR

Non-Releasable Fouls

- ⦿ **Situation 4NR:** A1 commits a personal foul (slash) with 5:00 minutes remaining in a period. A1 will serve 1 minute. On his way to the penalty area his teammate A2 also receives a 1-minute penalty (unsportsmanlike Conduct for profane language). A1 & A2 will now serve 1 minute each concurrent, one of which is non-releasable by rule
- ⦿ Team B scores with 4:30 remaining in period (0:30 into EMO)
- ⦿ **Result:** A1 is released; A2 shall remain in the penalty area for the entire duration of his penalty (30 seconds remaining). Team A will face off man-down

PENALTY MATRIX: Simultaneous Fouls



Simultaneous Fouls

- ⦿ **Situation 1S:** During live-ball play A1 Slashes B2, B2 retaliates and slashes A1
- ⦿ **Result:** Immediate whistle after B2's slash, both A1 & B2 will serve one minute non-releasable simultaneous fouls. Team B will restart play with possession
- ⦿ **Notes:**
 - Restart shall occur where the ball was when play was stopped (minimum 20 yards lateral from goal)
 - If B2's Penalty time was greater than A1's then A1 would be awarded possession for the restart
 - If Equal/Equal, possession stays
 - If Greater/Lesser, lesser gets possession

Simultaneous Fouls

- ⦿ **Situation 2S:** During live-ball play A1 Slashes B2. After the whistle has blown to stop play B2 retaliates and slashes A1
- ⦿ **Result:** Both A1 & B2 will serve one minute non-releasable fouls. Team A will restart play with possession as Team B's slash was a dead-ball foul
- ⦿ **Notes:**
 - Live Ball Foul followed by Dead Ball Foul are NOT Simultaneous Fouls
 - Restart shall take place per Rule 7-3 (Free Clear if play ended in A's Defensive Half)
 - Live Ball/Live Ball = Simultaneous Fouls
 - Live Ball/Dead Ball = "Toggle Switch" Situation

Simultaneous Fouls

- ⦿ **Situation 3S:** During live-ball play A1 slashes B2, B2 retaliates and slashes A1. After the whistle has blown, A2 cross checks B2.
- ⦿ **Result:** All 3 players (A1, A2, & B2) will serve one minute non-releasable fouls. Team B will restart play with possession
- ⦿ **Notes:**
 - A1 & B2's Fouls were Simultaneous (Live Ball/Live Ball)
 - A2's Foul is a Dead Ball Foul
 - B gets ball due to Dead Ball "Toggle Switch" activation
 - Had A2 not committed the secondary (Dead Ball) Foul, A would have maintained possession – The Dead Ball Foul "Toggled" it to B

Simultaneous Fouls

- ⦿ **Situation 4S:** During live-ball play A1 holds B2 (30-second time-serving), A frustrated B2 retaliates and slashes A1 (1 minute). There are 5:00 minutes remaining in the period when penalty time for each player begins
- ⦿ **Result:** A1 & B2 serve non-releasable fouls for 30 seconds, B2's penalty time become releasable after 30 seconds have expired and A1 was released
- ⦿ **Note:** Team A will restart play with possession as A1's penalty time (30 seconds) was less than B2's (1 minute)

Simultaneous Fouls

- ⦿ **Situation 5S:** A1 commits a releasable personal foul (slash) with 5:00 minutes remaining in a period. After the whistle to restart play, B1 commits a 1 minute time serving penalty (releasable) and enters the box at 4:40
- ⦿ **Question:** Are these simultaneous fouls?
- ⦿ **Nope!**
- ⦿ Either player will release upon the scoring of a goal by the Opposing Team

Dodge Bullets: Know Your Penalty Enforcement

